

Summer Menu - Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A selection of cereals paired with fresh fruit.	Warm serving of hearty baked beans and soft wholemeal muffins, finished with a side of fresh fruit.	Fluffy Scotch pancakes served with a refreshing, sweet-tart mixed berry salad.	Golden, toasted crumpets topped with smooth Daيرة cheese spread and juicy, sun-kissed tomatoes.	A deliciously moist Soreen fruit loaf, topped with strawberry jam and slices of creamy banana.
Morning Snack	Crispy wholemeal pitta fingers served with cool, creamy tzatziki and Mediterranean green olives.	Sweet slices of nectarines and juicy pears.	Crisp crackers topped with creamy cheese and crisp apple slices!	Sun-ripened peaches and juicy strawberries.	Cheesy, flaky twists served with crisp cucumber and colourful pepper sticks.
Lunch	Garlic & Mushroom Tagliatelle creamy pasta with earthy mushrooms, garlic, and fresh parsley, served with a side of tender broccoli. Mixed Berry Salad	Chicken Shish Kebabs or Middle Eastern Falafels Served with warm flatbreads, crisp mixed salad, and a creamy garlic mayo dip. Natural yoghurt with sliced bananas	Homemade Tuna Fishcakes or Potato, Mushroom & Dill Cakes Served with a colourful side of carrots, cauliflower, green beans, and broccoli. Sliced grapes and peach slices	Moroccan Lamb Tagine or Vegetable Tagine A fragrant dish with chickpeas, aubergines, and peppers, served with fluffy couscous and green beans. Nectarines and Pears	Classic Beef or Vegetable Lasagne Layered with rich tomato sauce, lentils, and mushrooms, served with crisp mixed salad and warm garlic baguettes. Homemade mango sorbet
Afternoon Snack	Refreshing, juicy slices of watermelon and ripe plums.	Soft, buttery brioche rolls paired with fresh raspberries.	Bright, citrusy clementines and sliced bananas.	Light and airy melty carrot puffs with crunchy baby corn.	Tropical pineapple chunks and chewy, sweet raisins.
Tea	Roasted Tomato & Red Pepper Soup Served with warm, crusty bread. Homemade carrot muffins	Creamy Sweet Potato Risotto A smooth, rich dish packed with sweet and savoury flavours. Pineapple slices and fresh apricots	Mini English Pizza Muffins Topped with tangy green olives and cucumber slices. Plums and sultanas	Pea & Summer Herb Frittata Paired with a homemade, creamy potato salad. Melon medley	Assorted Wraps A mix of chicken, cheese and egg mayo, served with fresh vegetable crudité. Apples and sweet clementines

